WEEKLY CLASS PLAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLASSICAL MAT PILATES (DE) 9:45					REFORMER INTERMEDIATE (DE/EN) 9:15	CLASSICAL MAT PILATES 9:30
		REFORMER BEGINNER 12:15		CLASSICAL MAT PILATES 10:30	VINYASA YOGA 10:30	REFORMER BEGINNER 10:30
REFORMER BEGINNER 18:00	BARRE X PILATES 18:30	REFORMER: INTERMEDIATE (DE) 18:00	CLASSICAL MAT PILATES 18:30			
	KICKBOXING & CONDITIONING 19:30	REFORMER BEGINNER (DE) 19:15	BODY SCULPT 19:30			